

A Quick Guide to Understanding Full Mouth Reconstruction

Did you know that men with a history of gum disease have a 64% increased risk of developing pancreatic cancer? Poor oral health has also been linked to heart disease, Alzheimer's, and other serious health conditions. When it comes down to it, maintaining good oral health is vital for your overall well-being.

If you're struggling with several dental concerns, you may want to consider full mouth reconstruction. But what exactly is this and what does the procedure entail? We're here to break it down for you. Keep reading to discover our quick guide.

What is Full Mouth Reconstruction?

Full mouth reconstruction, also called reconstructive dentistry or dental reconstruction, is the process of performing several procedures to address issues in tooth, jaw, and gum health.

You may have also heard the term "smile makeover" while doing your research. However, it's important to understand the difference: a smile makeover is elective and focuses on cosmetic procedures to improve the look of your smile. Dental reconstruction, on the other hand, is often considered necessary, and while it can include cosmetic procedures, the main focus is on improving your overall oral health.

What Procedures Can It Include?

The procedures that make up your full mouth restoration will vary based on your specific needs. Your dentist will discuss your options and create the best plan for you. Some of the most common procedures include:

- Implants
- Crowns or bridges
- Fillings
- TMD treatment
- Root canal
- Tooth extractions
- Periodontal surgery
- Veneers
- Dental bonding
- Teeth whitening
- Gum contouring
- Braces or Invisalign

Since multiple procedures are often required, full mouth reconstruction typically takes place over several appointments. Depending on how many procedures you need and what they are, it could take a few weeks to a few months before your reconstruction is finished.

What Are the Benefits?

The main benefit of dental reconstruction is that your oral health and, by extension, your overall health will improve. It can also reduce your risk of tooth decay and periodontal disease and even strengthen your dental structure. Of course, you'll also enjoy a nicer smile and a reduction of any oral pain you were experiencing.

Who Is a Good Candidate?

Full mouth reconstruction is best suited for individuals facing multiple dental problems. This could include missing teeth, broken or cracked teeth, decaying teeth, gum disease, a bad bite, and past dental restorations that are failing.

If you're only dealing with one issue, you'll likely need a single procedure rather than a full mouth reconstruction. If your focus is mainly cosmetic, a smile makeover may be a better option.

Talk to Your Dentist Today

Poor oral health affects much more than just your mouth—it can cause problems in your overall health as well as chip away at your self-confidence. If you are suffering from any dental problems, it's important to talk to your dentist about the best plan of action.

Do you think you may need a full mouth reconstruction or another dental procedure? Then contact us today to set up an appointment with a trusted dentist in Chatsworth, California.